COVID-19 Facts and tips

COVID-19 is the short name for "coronavirus disease 2019." It is a new virus. Doctors and scientists are still learning about it.

There is currently no vaccine to prevent coronavirus disease 2019.

The best way to prevent illness is to avoid being exposed to this virus.



MOST COMMON SYMPTOMS



AVOID

- Avoid touching your eves. nose and mouth with unwashed hands.
- Avoid close contact with people who are sick and stay home as much as possible.

TRANSMISSION

- Cover your mouth and nose with a mask or cloth face cover when around people that don't live with you.
- Clean and disinfect your phone, computer, table, doorknobs, light switches, faucet handle and other highly-used surfaces once per day. More often if vou leave the house.

PREVENTION

SHORTNESS OF BREATH

Most people who have gotten COVID-19 have not gotten very sick. Only a small group of people who get it have had more serious problems. From what doctors have seen so far, most people get better.

VIRUS SPREAD

 The virus spreads mainly from person-to-person - between two people who are in close contact of one another and through droplets when someone coughs or sneezes.







CALL YOUR DOCTOR IF YOU FEEL SICK



STAY HOME. AVOID CROWED PLACES





USE A MASK

COVER MOUTH WHEN COUGHING WASH HANDS